

# 3 STATION MULTI-GYM

MTI4005



11 Gauge Steel Frame

Metal Shrouds

3 Stations

220lb Selectorized Weight Stacks

Leg Extension/Curl Combo

Leg Press Foot Plate

4 Grip Handles

Seated Leg Press is on Linear Bearings

Back Pad Has 7 Adjustments

The BodyKore 3 Station multi-gym is perfect for full body strength training. The stations include a Lat Pull Down/Chest Press station, Leg Extension/Curl Station and a Seated Leg Press. Each station is equipped with 220lb weight stack with an optional 340 lb weight stack upgrade. This machine is commercial grade and rated to hold over 1000 lbs.

### Accessories Included:

- Lat Bar
- Tricep Rope
- Ankle Cuff
- Carabiner Clips
- 20" Rotating Curl Bar

### Dimensions

104.5" x 96.2" x 86"

### Weight

2108lbs

### Weight Stack

220lbs\*5 ; upgradeable to 340lbs.



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Warranty	
STRENGTH WARRANTY (NORTH AMERICA ONLY)	
FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS



**11 Gauge Steel Frame**  
Ensures maximum structural integrity.



**Chest Press/Lat Pull Station**  
Have the ability to perform Shoulder Press, Chest Press, Seated Row, Lat Pull and Ab Crunch/Tricep Extension.



**220lb Selectorized Weight Stacks**  
Each station comes standard with 220 lb selectorized weight stacks (upgradable to 340 lb)



**Back Pad Has 7 Adjustments**  
Coupled with the press arm adjustments allow the user to align correctly for a chest press, incline press, shoulder press, or seated row.



**4 Grip Handles**  
For targeting different areas of the chest/back.



**Leg Extension/Curl Combo**  
Allows quick change from Leg Ext. to Curl with one or two easy adjustments. Users can adjust the back pad and the leg roller to suit their body type.



**Leg Press Foot Plate**  
Is wide with rubber coating.



**Seated Leg Press is on Linear Bearings**  
For safety and comfortability.